

TO BOOK

www.mackierdnh.org.au

or scan the QR code

REGISTER IN PERSON

Call or visit the office to book & make payment

Booking terms & conditions can be found on our website



OFFICE HOURS

Monday to Thursday: 9:30am - 4:00pm

Friday: 9:30am - 2:30pm

*During school terms only (excl. public holidays)



TERM 4 PROGRAM

6TH OCTOBER - 14TH DECEMBER

Mackie Rd Neighbourhood House is home to the following groups & organisations.

CHESSE REPUBLIC (Saturdays 4pm - 5pm)

Chess Republic offers both beginners and intermediate classes, both in small groups class room and computer learning.

0449930032, <https://chessrepublic.com.au/>

FIGHTING SPIRIT GOJU KARATE (Mondays and Tuesdays 4pm - 5pm; Fridays 4.30pm - 6.30pm)

Get fit, build confidence, and learn self-defense in a fun, safe environment for all ages. Improve flexibility, strength, discipline, memory, and make new friends along the way!

Nikolaos Kourtessis, <https://www.fightingspiritgojukarate.com>

HAPPY FEET FITNESS

Happy Feet Fitness blends play-based learning with creativity, education, health, and social development through fun, themed adventure classes.

1300 300 491, <https://www.happyfeetfitness.com.au/about-us/>

NATURAL WELLNESS (weekend classes)

The Junior Herbalist Club is an extracurricular program for children (ages 7-12). It helps them discover healing plants in a safe, supervised environment through hands-on activities. JHC encourages children to explore plants' healing properties using all their senses.

Andra, 0493395268, <https://www.natural-wellness.co/>

SELF-DISCOVERY CONVERSATIONS (Saturdays 10.45am - 11.45am)

Come on a Journey of Self-Discovery. Meditation/Mindfulness with a Spiritual flavour.

Belle Groves, 0438 100 452, bellegroves@bigpond.com

SOUTH EAST VOLUNTEERS (MONDAYS 10AM - 12PM AND THURSDAYS 1.30PM - 2.30PM)

- Mondays: The Garden Maker Group – 65+ community gardening, sharing tips, and morning tea.
- Thursdays (alternating):
- Singers Group – Sing, connect, and enjoy music.
- Ageless Grace – Chair-based movement to uplifting music.

Contact SEV for more class information - 9590 5700

STEM BIRDS (Wednesdays 5.00pm - 6.00pm)

STEM BIRDS offer robotics and coding class, provides hands-on learning experiences, enabling children to design, build, and program robots using state-of-the-art tools and technologies.

www.stembirds.com.au, learn@stembirds.com.au

VASUDEVA KRIYA YOGA (Saturdays 7.30am - 9am)

Yoga for Health: Physical, Mental and Spiritual. Your Health Matters.

Shri Rajendra Yenkanamoole, 0410 527 904, vasudevakriyayoga@gmail.com



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@mackierdhouse

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MONDAY

6TH OCT - 8TH DEC

NO CLASSES 3RD NOV

T'ai-Chi for Mind & Body with Kim

8 weeks, starting 29th Sep, no class on 20th & 27th Oct
10.15am - 11.15am
FF \$130; C \$120

Young Creators Painting and Drawing with Mei (6-8yrs)

9 weeks
4pm - 5pm
FF \$135

Young Creators Painting and Drawing with Mei (9-12yrs)

9 weeks
5.05pm - 6.05pm
FF \$135

***All materials included.**
Art smock recommended for both art classes

Pilates with Laura Beginner/Intermediate

9 weeks
5.30pm - 6.30pm
6.30pm - 7.30pm
FF \$145; C \$135

Homework Club with Anita (6-8 years)

NEW
9 weeks
4.15pm-5.15pm
Term \$30 per family or casual \$5 per session
Class run by volunteer tutor.

Homework Club with Anita (13-16 yrs)

NEW
9 weeks
5.20pm-6.20pm
Term \$30 per family or casual \$5 per session
Class run by volunteer tutor.

TUESDAY

7TH OCT - 9TH DEC

NO CLASSES 4TH NOV

Strength and Gentle Fitness with Liliana

9 weeks
9am - 10am
FF \$145; C \$135

French for Fun with Serge

9 weeks
10am - 12am
FF \$180; C \$170

Community Connections Café

9 weeks
10.30am - 11.30am
Free

Rise & Shine – It's Bread Tuesday!

Gold coin donation – while stocks last. Thanks to Wanda Street Bakery & Friends of the Children Foundation.

Last financial year, our community raised \$25,180 for the Good Friday Appeal.

Young Creators Painting and Drawing with Laila (6-8 yrs)

9 weeks
4pm - 5pm
FF \$135

Young Creators Painting and Drawing with Laila (9-12 yrs)

9 weeks
5.05pm - 6.05pm
FF \$135

***All materials included.**
Art smock recommended for both art classes

Pilates with Lauren Beginner/Intermediate

9 weeks
5.30pm - 6.30pm
6.30pm - 7.30pm
FF \$145; C \$135

WEDNESDAY

8TH OCT - 10TH DEC

Hatha Yoga with Martina

10 weeks
9.15am - 10.15am
FF \$160; C \$150

Slow Flow and Yin with Martina

10 weeks
10.30am - 11.30am
FF \$160; C \$150

Da Yan Qi Gong with Wendy

9 weeks, starting 15th Oct
10am - 11am
FF \$20 or casual \$3 per session
Class run by volunteer tutor.

Calligraphy & Craft with Jan

8 weeks, finishing 26th Nov
10am - 12pm
FF \$160; C \$150

Knit and Natter

10 weeks
12.30pm - 2pm
\$3 per session

Young Creators Mixed Media with Fathima (6-8 yrs)

10 weeks
4pm - 5pm
FF \$150

Young Creators Mixed Media with Fathima (9-13 yrs)

10 weeks
5.05pm - 6.05pm
FF \$150

***All materials included.**
Art smock recommended for both art classes.

CONCESSION (C).
APPLICABLE TO HOLDERS
OF A HEALTHCARE CARD OR PENSIONER
CONCESSION CARD

THURSDAY

9TH OCT - 11TH DEC

Everyday Chinese Essentials with Ping

10 weeks
9.30am - 11.30am
FF \$20

Basic level required.
Class run by volunteer tutor.

Simply Art with Christine Beginner/Intermediate

10 weeks
1pm - 3pm
FF \$200; C \$190
***Some materials needed- see list on booking page.**

Pilates with Tamara Beginner/Intermediate

10 weeks
5.30pm - 6.30pm
6.30pm - 7.30pm
FF \$160; C \$150

TRY A CLASS!

FOR \$10 YOU CAN COME AND

TRY A CLASS!

***APPLICABLE ONLY TO NEW PARTICIPANTS.**

EXCLUDES- WORKSHOPS,
SCHOOL HOLIDAY PROGRAMS,
AND VOLUNTEER LED
PROGRAMS.

Other Services

- Justice of Peace services available by appointment
- E-cafe open to the public during school terms
- Publicly accessible computers during office hours
- Community Garden plot hire

FRIDAY

10TH OCT - 12TH DEC

Little Learners Playgroup with Susanne

10 weeks
9.30am - 11.30am

Term \$30 per family or casual \$5 per session

Active Adults with Linda

10 weeks
11am - 12pm
FF \$160; C \$150

ROOM HIRE AVAILABLE

Did you know, we have rooms available to hire?

For local community groups, not-for-profit organisations or private hire.



SATURDAY

11TH OCT - 13TH DEC

NO CLASSES 6TH DEC

Pilates with Grace Beginner/Intermediate

9 weeks
9am - 10am
10.15am - 11.15am
FF \$145; C \$135



Sat 22 Nov

9.30am - 12.30pm
Cost \$55

Ideal for confident beginners and experienced stitchers



Get a head start on your Christmas shopping and support local businesses!

Thank you to Win Real Estate for providing FREE coffee from 10am - 1pm