

TO BOOK

www.mackierdnh.org.au

or scan the QR code



REGISTER IN PERSON

Call or visit the office to book & make payment

Booking terms & conditions can be found on our website

OFFICE HOURS

Monday to Thursday: 9:30am - 4:00pm

Friday: 9:30am - 2:30pm

*During school terms only (excl. public holidays)



Mackie Rd Neighbourhood House is home to the following groups & organisations.

CHESS REPUBLIC (Saturdays 4pm - 5pm)

Chess Republic offers both beginners and intermediate classes, both in small groups class room and computer learning.

0449930032, <https://chessrepublic.com.au/>

FIGHTING SPIRIT GOJU KARATE (Mondays and Tuesdays 4pm - 5pm; Fridays 4.30pm - 6.30pm)

Get fit, build confidence, and learn self-defense in a fun, safe environment for all ages. Improve flexibility, strength, discipline, memory, and make new friends along the way!

Nikolaos Kourtessis, <https://www.fightingspiritgojukarate.com>

HAPPY FEET FITNESS

Happy Feet Fitness blends play-based learning with creativity, education, health, and social development through fun, themed adventure classes.

1300 300 491, <https://www.happyfeetfitness.com.au/about-us/>

NATURAL WELLNESS (weekend classes)

The Junior Herbalist Club is an extracurricular program for children (ages 7-12). It helps them discover healing plants in a safe, supervised environment through hands-on activities. JHC encourages children to explore plants' healing properties using all their senses.

Andra, 0493395268, <https://www.natural-wellness.co/>

SELF-DISCOVERY CONVERSATIONS (Saturdays 10.45am - 11.45am)

Come on a Journey of Self-Discovery. Meditation/Mindfulness with a Spiritual flavour.

Belle Groves, 0438 100 452, bellegroves@bigpond.com

SOUTH EAST VOLUNTEERS (MONDAYS 10AM - 12PM AND THURSDAYS 1.30PM - 2.30PM)

- Mondays: The Garden Maker Group – 65+ community gardening, sharing tips, and morning tea.
- Thursdays (alternating):
- Singers Group – Sing, connect, and enjoy music.
- Ageless Grace – Chair-based movement to uplifting music.

Contact SEV for more class information - 9590 5700

STEM BIRDS (Wednesdays 5.00pm - 6.00pm)

STEM BIRDS offer robotics and coding class, provides hands-on learning experiences, enabling children to design, build, and program robots using state-of-the-art tools and technologies.

www.stembirds.com.au, learn@stembirds.com.au

VASUDEVA KRIYA YOGA (Saturdays 7.30am - 9am)

Yoga for Health: Physical, Mental and Spiritual. Your Health Matters.

Shri Rajendra Yenkanamoole, 0410 527 904, vasudevakriyayoga@gmail.com

TERM 3 PROGRAM

21ST JULY – 20TH SEPTEMBER



36-42 MACKIE RD, MULGRAVE 3170

info@mackierdnh.org.au | mackierdnh.org.au | 9548 3311



@mackierdhouse

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MONDAY

21ST JULY - 15TH SEP

T'ai-Chi for Mind & Body with Kim
9 weeks
10.15am - 11.15am
FF \$145; C \$135

Young Creators Painting and Drawing with Mei (6-8yrs)
9 weeks
4pm - 5pm
FF \$135

Young Creators Painting and Drawing with Mei (9-12yrs)
9 weeks
5.05pm - 6.05pm
FF \$135

**All materials included. Art smock recommended for both art classes*

Pilates with Laura Beginner/Intermediate
9 weeks
5.30pm - 6.30pm
6.30pm - 7.30pm
FF \$145; C \$135



The Great Scone Off

COME AND ENJOY A
HOMEMADE
SCONE OR TWO!

TUESDAY 19 AUGUST

10:30 AM — 11:30 AM

**GOLD COIN DONATION
PER SCONE**

TUESDAY

22ND JULY - 16TH SEP

Strength and Gentle Fitness with Liliana
9 weeks
9am - 10am
FF \$145; C \$135

Computing for All
TBC

French for Fun with Serge
8 weeks, starting 26th July
10am - 12pm
FF \$160; C \$150

Community Connections Café
9 weeks
10.30am - 11.30am
Free

Rise & Shine – It's Bread Tuesday!

While stocks last, pending deliveries. **Gold Coin Donation**
Thankyou Wanda Street Bakery and the Friends of the Children Foundation for the bread deliveries.

Young Creators Painting and Drawing with Laila (6-8yrs)
9 weeks
4pm - 5pm
FF \$135

Young Creators Painting and Drawing with Laila (9-12yrs)
9 weeks
5pm - 6pm
FF \$135

**All materials included. Art smock recommended for both art classes*

Pilates with Lauren Beginner/Intermediate
9 weeks
5.30pm - 6.30pm
6.30pm - 7.30pm
FF \$145; C \$135

WEDNESDAY

23RD JULY - 17TH SEP

Hatha Yoga with Martina
9 weeks
9.15am - 10.15am
FF \$145; C \$135

Slow Flow and Yin with Martina
9 weeks
10.30am - 11.15am
FF \$145; C \$135

Da Yan Qi Gong with Wendy
9 weeks
10am - 11pm
FF \$20 or casual \$3 per session
Class run by volunteer tutor.

Knit and Natter
9 weeks
12.30pm - 2pm
\$3 per session

Calligraphy & Craft with Jan
6 weeks in total
9th July - 23rd July
17th September - 1st October
10am - 12pm
FF \$120; C \$110
**Some materials needed- see list on booking page.*

Young Creators Mixed Media with Fathima (6-8 yrs)
9 weeks
4pm - 5pm
FF \$135

Young Creators Mixed Media with Fathima (9-13 yrs)
9 weeks
5.05pm - 6.05pm
FF \$135
**All materials included. Art smock recommended for both art classes.*

THURSDAY

24TH JULY - 18TH SEP

Everyday Chinese Essentials with Ping
9 weeks
9.30am - 11.30am
FF \$20
Basic level required.
Class run by volunteer tutor.

Simply Art with Christine Beginner/Intermediate
9 weeks
1pm - 3pm
FF \$180; C \$170
**Some materials needed- see list on booking page.*

Pilates with Tamara Beginner/Intermediate
9 weeks
5.30pm - 6.30pm
6.30pm - 7.30pm
FF \$145; C \$135



The Art of
CHEESE

**TUESDAY 12 AUGUST
11:30 AM — 1:00 PM
\$60 PER PERSON**

CHEESEMAKING WORKSHOP
90 MINUTES OF HANDS-ON FUN!
LEARN TO MAKE
FOUR DELICIOUS
CHEESES FROM
SCRATCH IN JUST 90
MINUTES:

HALLOUMI
 MOZZARELLA
 PANEER
 RICOTTA
FUN, TASTY, AND
TOTALLY HANDS-ON!



BOOK NOW

FRIDAY

25TH JULY - 19TH SEP

Little Learners Playgroup with Susanne
9 weeks
9.30am - 11.30am
Term \$30 per family or casual \$5 per session

Texture & Threads: A Mixed Media Canvas Workshop
4 wks, starting 15th August
10am-12pm
FF \$100
All materials included.

Active Adults with Linda
9 weeks
11am - 12pm
FF \$145; C \$135

SATURDAY

26TH JULY - 20TH SEP

Pilates with Grace Beginner/Intermediate
7 weeks, starting 9th August
9am - 10am
10.15am - 11.15am
FF \$115; C \$105

TRY A CLASS!

**FOR \$10 YOU CAN
COME AND TRY A
CLASS!**

**APPLICABLE ONLY TO NEW PARTICIPANTS.*

EXCLUDES- WORKSHOPS,
SCHOOL HOLIDAY PROGRAMS,
AND VOLUNTEER LED PROGRAMS.



Other Services

- Justice of Peace services available by appointment
- E-cafe open to the public during school terms
- Publicly accessible computers during office hours
- Community Garden plot hire

ROOM HIRE AVAILABLE

Did you know, we have rooms available to hire?

For local community groups, not-for-profit organisations or private hire.

**CONCESSION (C).
APPLICABLE TO
HOLDERS
OF A HEALTHCARE
CARD OR PENSIONER
CONCESSION CARD**

TERM 3 2025

CLASS SCHEDULE